



PARENTS OF MURDERED CHILDREN, INC.

for the families and friends of those who have died by violence

San Diego Chapter

PO Box 17161

San Diego, CA 92177-7161

PHONE 619-281-3972 e-mail: pomcsandiego@gmail.com

POMC

National

Headquarters:

4960 Ridge Avenue

Suite 2

Cincinnati, OH 45209

(888)818-POMC

www.pomc.org

Mission Statement:

POMC makes the difference through ongoing emotional support, education, prevention, advocacy, and awareness.

Vision Statement:

"To provide support and assistance to all survivors of homicide victims while working to create a world free of murder."

Membership:

Membership is open to those who have been cruelly bereaved by the murder of a loved one. Professionals who are in frequent contact with grieving families are also welcome to join.

Support Group meetings are usually the first Thursday of every month from 6:30 –8:00 PM located at:

TOBY WELLS YMCA

5105 Overland Avenue

San Diego CA 92123

ADULTS ONLY PLEASE! (Because of the subject matter)

Our next support group meeting is January 5, 2017

There is no need to RSVP. We are open to all families and friends of those who have died by violence. Professionals who are in frequent contact with grieving families are also welcome to attend. No dues or fees.

San Diego Chapter Board of Directors:

Chapter Leader: Diann Bauer (619)281-3972

Chapter Co-Leader: Donna Hawthorne (619)249-6855

Secretary: Marcia Barger (858)270-3074

Treasurer: Sandy Schlehr (619)829-3834

Board Members:

Dan Bauer (619)281-3972

Clay Hawthorne (619)249-6855

Janell Telles (760)521-7669

Raschelle Bednarski (858)442-9512

Bonnie Tomeoni (858)292-4784

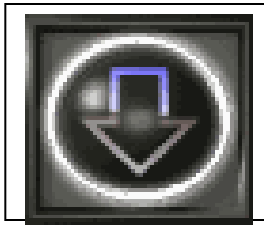
Our January meeting will be dedicated to our loved ones who were born during this month. We will honor them by reading their names off during the first portion of our meeting.



Please see last page to see how you can help our Chapter through our fundraisers!!

SPECIAL THANKS

Thank you to everyone who attended our December meeting and potluck. It was a good support group meeting. The holiday potluck was a first time for our chapter and turned out very enjoyable as well. Looking forward to next year!



Important 2017 Dates:

- 1/05/2017-Support Group
Election of Board
- 1/11/17-Annual Big Turn Off
- 2/02/2017-Support Group
- 3/02/2017-Support Group
- 4/06/2017-Support Group
Board Meeting
- 4/XX/2017-VACC
Candlelight Tribute
- 5/04/2017-Support Group
- 6/01/2017-Support Group
- 7/06/2017-Support Group
Board Meeting
- 8/3-6/17-POMC National
Conference (Irvine CA)
- 8/03/2017-No Group Meeting
- 9/07/2017-Support Group
- 9/XX/17-River of Fallen Tears
- 9/25/2017- DOR**
National Day of Remembrance
- 10/05/2017-Support Group
Board Meeting
- 11/XX/2017-Crime Stoppers
Light the Night Against Crime 5K
- 11/02/2017-Support Group
- 12/07/2017-Support Group

The First Support Meeting:

The first support meeting with new people can make others a little apprehensive. You're not sure who will be there, will you feel comfortable with a new group of faces. Some of them you know, but most you do not. It's fine to talk, or it's fine not to talk. We want everyone to be comfortable! Listening can be very therapeutic as well as verbally participating. I want you to know that you are welcome, no matter what! I'm hoping that we can all support one another down this very long and dark path. We can be each other's strengths when we need someone to lean on. Our varied circumstances that have led us to this group, have given us different views. There will be different sources of information that we bring to the table. Everyone has something to offer! Please realize that there is no right or wrong thing to say, as long as we show respect toward each other. I will be available to talk with you privately if you prefer not to talk in front of the group.

Volunteers Needed

Anyone wishing to come early to help move chairs in a circle, or stay after to help us put things away would be very much appreciated. Our refreshment signup sheet is at the sign-in table for anyone interested in bringing refreshments in memory of their loved one.



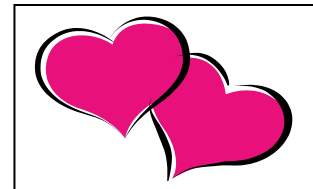


SPECIAL NOTE

It is time for San Diego POMC Chapter to hold their annual election. Please arrive by 6:00 to place your nominations for your POMC Board. Elections will be held at the start of our January 5th meeting.

Murder Wall...Honoring Their Memories

If you would like to have your loved one added to The Murder Wall please contact our National Office at (888) 818-POMC. It is the only National monument in the United States for those who have died by murder. It is a tribute that guarantees the memory of those we love so deeply will survive forever. It is a powerful statement of our need to stop the violence. It cries out silently for awareness, justice and prevention. It brings comfort, hope and understanding.



Love Gifts are a living memorial to our children, siblings and grandchildren, usually given on anniversaries, birthdays, holidays, etc. There is no charge for our newsletters or meetings. Donations are always appreciated. (Receipts provided!)

I wish to make a donation in memory of:

Amount Enclosed \$_____

DOB: ___/___/___ DOD: ___/___/___

Donated by: _____

Relationship to: _____

Plases make your tax deductible check payable to: POMC San Diego Chapter





WILL NEVER BE FORGOTTEN

Christopher Hawthorne
02/08/83-01/10/09

Taylor Bednarski
05/19/1984-01/10/14

Randall James Brock
03/05/87-01/24/07

Jamal Eugene Gordon-Hill
08/25/86-01/03/08

Patrick Greene
03/10/72-01/21/03

Brandon C. Vigil
03/25/85-01/21/03

Thomas Mirabel
05/01/55-01/11/04

Tim Moreau
05/03/68-01/23/90

Trinity Hanna
01/09/09-01/24/12

Michael DeGracia
07/03/91-01/15/16

**San Diego Chapter
POMC**

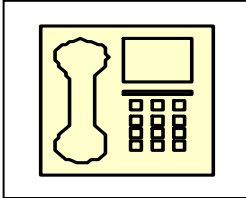
PO Box 17161
San Diego, CA 92177
PHONE
619-281-3972

E-MAIL:
pomcsandiego@gmail.com

We're on the Web!
See us at:
http://www.pomc.org/sandiego_chapter/index.htm

PHONE SUPPORT PERSONS:

Diann Bauer (619) 281-3972
 Reba Gordon Matthews (619) 631-4436
 Bonnie Tomeoni (858)292-4784
Message phone: (619) 281-3972



Help support your San Diego Chapter of POMC. We currently have two fundraisers with local stores, Ralphs and Food4Less! Just register your Ralphs card online with our identification **number 94120**, and then a percentage of your purchases will go towards our Chapter!!! If you shop at Food4Less, we have a separate card you scan when you make your purchases, let us know and we can mail it to you. This is a no cost way you can help!!!!

Share your memories on our memorial page:

If you provide us with a picture or two, and write about your loved one, we can post it on our San Diego Chapter web-site, which is linked to National at www.pomc.org

We currently offer court accompaniment to support our members thru the trial process. If you have questions regarding our court accompaniment or would like one of our board members to support you thru the trial process please email or call our Chapter Leader, Diann Bauer at: pomcsandiego@gmail.com 619-281-3972



Parole block petitions are available for signature at our monthly support group meetings. Please look for them placed at our sign-in table. Thank you for your support in signing such important documents.



Parole Block Program
So far more than 1500 paroles have been denied. Thank you for your signatures!!

If you have any parole block petitions you want started, contact National @ 888-818-POMC.

Survivors Newsletter Subscription (from our National office in Cincinnati OH) is available for only \$10.00 per year. It is a wonderful way to stay connected, keep informed about POMC nationally, and also to support POMC financially.

Survivors Newsletter Subscription Form POMC, Inc.
Mail to: 4960 Ridge Avenue, Suite 2
Cincinnati OH 45209

Please find enclosed \$10.00 for my annual subscription (three issues) for the Survivors Newsletter. Please consider adding an extra subscription fee to help defray costs for someone who cannot afford it.

Name: _____
Address: _____
City: _____
State/Zip: _____
Phone: () _____

Enclosed is my check____, money order____, in the amount of \$ _____for _____year(s) subscription.
Please charge \$_____for ___year(s) subscription to my:
____ Visa or ____Master card. Card Number: _____
Expiration Date: _____
____ Yes, please give a gift subscription to someone who cannot afford their own!

Sheriff and DA Join to Provide Automatic Offender Information to Victims

(written by Richard Luczak, San Diego Sheriff's Department)

On July 6, 2009, the San Diego County Sheriff's Department became a participant in the Victim Information and Notification Everyday (VINE) Program. In compliance with Marsy's law, which requires notification of inmate release or escape, VINE was introduced in San Diego County through a grant from the California State Sheriff's Association. VINE is an anonymous and free service that provides registrants with a notification when significant changes occur to an inmate's custody status. VINE enables users to voluntarily register one or more e-mail addresses and/or telephone numbers in order to be notified when an inmate is released, is pending scheduled release, or is transferred to a facility in another county or state prison.

The public can register by calling 1-877-411-5588, or by visiting www.vinelink.com. The most effective way to register in VINE is using the inmate's booking number. That's available from the Sheriff's web site "Who's in Jail Page". The Sheriff has added a link that passes the selected inmate's booking number directly to the VINE registration page. The web site is at www.sdsheriff.net/victims. This new VINE service in San Diego pertains only to inmates in Sheriff's custody. Currently inmates detained in State Prison (e.g. Donovan), by CCA for Immigration and at MCC for Federal inmates are not covered by VINE. Therefore victims must contact those facilities directly to check on inmate status. The State hopes to adopt VINE at some point in the future for their State Prisons.

INFORMATION:

Were you the victim of a crime and the court ordered you restitution?

The California Department of Corrections and Rehabilitation may have collected money for you. Contact the Office of Victim and Survivor Rights and Services to inquire if you have unclaimed money from a direct order of restitution. To update your address or to obtain additional information, call us toll free at 1-877-256-6877

The Big Turn-OffSM

Wednesday, January 11th, 2017

The Big Turn-OffSM is an annual event asking citizens to turn off their TVs for three hours during the prime time segment of programming. This important event, held on the second Wednesday in January each year, encourages society to **protest television violence.**

It seems like year after year the family hour on television continues to add more and more "crime shows" to their programming. So help us continue to educate not only our communities, but the networks as well. Inform your family members, friends, co-workers and churches and let them know about this important event.

The American Psychological Association has reported that the **average child watches 8,000 televised murders and 100,000 acts of violence before finishing elementary school.** That number more than *doubles* by the time he/she reaches the age of 18. Prime time television should be violence free for our children. The goal of the Big Turn-OffSM is to empower people to object to what they find offensive and send a message that promotes non-violent programming.



Fundraisers for San Diego POMC Chapter

(Ongoing)

Ralphs and Food4Less

Help support your San Diego Chapter of POMC. Just register your Ralphs card online with our identification number **94120**, and then a percentage of your purchases will go towards our Chapter!!! If you shop at Food4Less, we have a separate card you scan when you make your purchases, let us know and we can mail it to you. This is a no cost way you can help!!!!

(Ongoing)

Amazon

When you #StartWithaSmile, Amazon donates 0.5% of the purchase price to Parents of Murdered Children San Diego Chapter POMC. Bookmark the link <https://smile.amazon.com/ch/90-0428935> and support us every time you shop. Thank you!!