

# PARENTS OF MURDERED CHILDREN, INC.

*for the families and friends of those who have died by violence*

## POMC

### National

#### Headquarters:

4960 Ridge Avenue

Suite 2

Cincinnati, OH 45209

(888)818-POMC

[www.pomc.org](http://www.pomc.org)

#### Mission Statement:

POMC makes the difference through ongoing emotional support, education, prevention, advocacy, and awareness.

#### Vision Statement:

*"To provide support and assistance to all survivors of homicide victims while working to create a world free of murder."*

#### Membership:

Membership is open to those who have been cruelly bereaved by the murder of a loved one. Professionals who are in frequent contact with grieving families are also welcome to join.

## San Diego Chapter

PO Box 17161

San Diego, CA 92177-7161

PHONE 619-281-3972 e-mail: [pomcsandiego@gmail.com](mailto:pomcsandiego@gmail.com)

**Support Group meetings are usually the first  
Thursday of every month from 6:30 –8:00 PM  
located at:**

### **TOBY WELLS YMCA**

5105 Overland Avenue

San Diego CA 92123

**ADULTS ONLY PLEASE!** (Because of the subject matter)

*Our next support group meeting is December 1, 2016*

**There is no need to RSVP.** We are open to all families and friends of those who have died by violence. Professionals who are in frequent contact with grieving families are also welcome to attend. No dues or fees.

#### San Diego Chapter Board of Directors:

*Chapter Leader: Diann Bauer* (619)281-3972

*Chapter Co-Leader: Donna Hawthorne* (619)249-6855

*Secretary: Marcia Barger* (858)270-3074

*Treasurer: Sandy Schlehr* (619)829-3834

#### *Board Members:*

*Dan Bauer* (619)281-3972

*Clay Hawthorne* (619)249-6855

*Janell Telles* (760)521-7669

*Raschelle Bednarski* (858)442-9512

*Bonnie Tomeoni* (858)292-4784

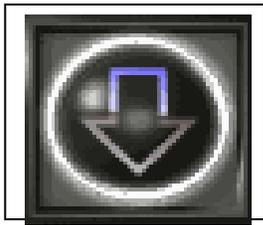
**Our December meeting will be dedicated to our loved ones who were born during this month. We will honor them by reading their names off during the first portion of our meeting.**



Please see last page to see how you can help our Chapter through our fundraisers!!

SPECIAL THANKS

A special thank you to all the POMC members who joined us for Crime Stoppers "Light the Night Against Crime 5K". A special Thank you to Dayna Herroz & Kammarie Clark for making it possible for POMC to attend this special event.



Important 2016 Dates:

- 1/07/2016-Support Group  
Election of Board  
Board Meeting
- 2/04/2016-Support Group
- 3/03/2016-Support Group
- 4/07/2016-Support Group  
Board Meeting
- 4/11/2016-VACC  
Candlelight Tribute
- 5/05/2016-Support Group
- 6/02/2016-Support Group
- 7/07/2016-Support Group  
Board Meeting
- 8/04/2016-Support Group
- 9/01/2016-Support Group
- 9/24/16-River of Fallen Tears
- 9/25/2016- DOR**  
**National Day of Remembrance**
- 10/06/2016-Support Group  
Board Meeting
- 11/5/2016-Crime Stoppers  
Light the Night Against Crime 5K
- 11/03/2016-Support Group
- 12/01/2016-Support Group

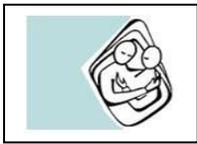
The First Support Meeting:

The first support meeting with new people can make others a little apprehensive. You're not sure who will be there, will you feel comfortable with a new group of faces. Some of them you know, but most you do not. It's fine to talk, or it's fine not to talk. We want everyone to be comfortable! Listening can be very therapeutic as well as verbally participating. I want you to know that you are welcome, no matter what! I'm hoping that we can all support one another down this very long and dark path. We can be each other's strengths when we need someone to lean on. Our varied circumstances that have led us to this group, have given us different views. There will be different sources of information that we bring to the table. Everyone has something to offer! Please realize that there is no right or wrong thing to say, as long as we show respect toward each other. I will be available to talk with you privately if you prefer not to talk in front of the group.

Volunteers Needed

Anyone wishing to come early to help move chairs in a circle, or stay after to help us put things away would be very much appreciated. Our refreshment signup sheet is at the sign-in table for anyone interested in bringing refreshments in memory of their loved one.



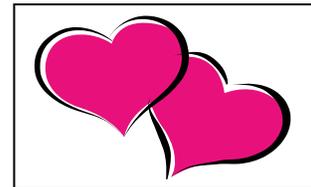


**SPECIAL NOTE**

It is time for San Diego POMC Chapter to hold their annual election of officers. If you would like to participate in this year's nomination and election process please arrive by 6:30 at our December 1<sup>st</sup> meeting.

**Murder Wall...Honoring Their Memories**

If you would like to have your loved one added to The Murder Wall please contact our National Office at **(888) 818-POMC**. It is the only National monument in the United States for those who have died by murder. It is a tribute that guarantees the memory of those we love so deeply will survive forever. It is a powerful statement of our need to stop the violence. It cries out silently for awareness, justice and prevention. It brings comfort, hope and understanding.



**Love Gifts** are a living memorial to our children, siblings and grandchildren, usually given on anniversaries, birthdays, holidays, etc. There is no charge for our newsletters or meetings. Donations are always appreciated. **(Receipts provided!)**

I wish to make a donation in memory of:

\_\_\_\_\_

Amount Enclosed \$\_\_\_\_\_

DOB: \_\_\_/\_\_\_/\_\_\_    DOD: \_\_\_/\_\_\_/\_\_\_

Donated by: \_\_\_\_\_

Relationship to: \_\_\_\_\_

Please make your tax deductible check payable to: POMC San Diego Chapter





# WILL NEVER BE FORGOTTEN

Paul Allen Howell  
05/19/87-12/04/04

Charles William Crow  
06/03/83-12/01/06

Brandon Hammond  
12/06/06

Angela Lanette Bolden  
01/05/73-12/15/06

Ahlyja Michell Pinson  
09/15/93-12/31/07

**San Diego Chapter  
POMC**

PO Box 17161  
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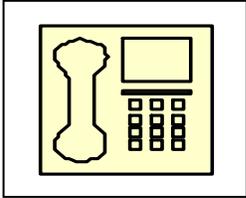
E-MAIL:  
pomcsandiego@gmail.com

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We're on the Web!  
See us at:  
[http://www.pomc.org/sandiego\\_chapter/index.htm](http://www.pomc.org/sandiego_chapter/index.htm)

## PHONE SUPPORT PERSONS:

Diann Bauer	(619) 281-3972
Reba Gordon Matthews	(619) 631-4436
Bonnie Tomeoni	(858)292-4784
<b>Message phone:</b>	<b>(619) 281-3972</b>



Help support your San Diego Chapter of POMC. We currently have two fundraisers with local stores, Ralphs and Food4Less! Just register your Ralphs card online with our identification **number 94120**, and then a percentage of your purchases will go towards our Chapter!!! If you shop at Food4Less, we have a separate card you scan when you make your purchases, let us know and we can mail it to you. This is a no cost way you can help!!!!

### *Share your memories on our memorial page:*

If you provide us with a picture or two, and write about your loved one, we can post it on our San Diego Chapter web-site, which is linked to National at [www.pomc.org](http://www.pomc.org)

We currently offer court accompaniment to support our members thru the trial process. If you have questions regarding our court accompaniment or would like one of our board members to support you thru the trial process please email or call our Chapter Leader, Diann Bauer at: [pomcsandiego@gmail.com](mailto:pomcsandiego@gmail.com) 619-281-3972



Parole block petitions are available for signature at our monthly support group meetings. Please look for them placed at our sign-in table. Thank you for your support in signing such important documents.



**1000**  
Signatures received from all across the United States for the Parole Block Program. Thank you  
If you have any parole block petitions you want started, contact National @ 888-818-POMC.

**Survivors Newsletter Subscription (from our National office in Cincinnati OH) is available for only \$10.00 per year. It is a wonderful way to stay connected, keep informed about POMC nationally, and also to support POMC financially.**

**Survivors Newsletter Subscription Form POMC, Inc.**  
**Mail to: 4960 Ridge Avenue, Suite 2**  
**Cincinnati OH 45209**

Please find enclosed \$10.00 for my annual subscription (three issues) for the Survivors Newsletter. Please consider adding an extra subscription fee to help defray costs for someone who cannot afford it.

Name: _____ Address: _____ City: _____ State/Zip: _____ Phone: ( ) _____	Enclosed is my check____, money order____, in the amount of \$ _____ for _____year(s) subscription. Please charge \$_____ for ____year(s) subscription to my: ____ Visa or ____Master card. Card Number: _____ Expiration Date: _____ ____ Yes, please give a gift subscription to someone who cannot afford their own!
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### Sheriff and DA Join to Provide Automatic Offender Information to Victims

(written by Richard Luczak, San Diego Sheriff's Department)

On July 6, 2009, the San Diego County Sheriff's Department became a participant in the Victim Information and Notification Everyday (VINE) Program. In compliance with Marsy's law, which requires notification of inmate release or escape, VINE was introduced in San Diego County through a grant from the California State Sheriff's Association. VINE is an anonymous and free service that provides registrants with a notification when significant changes occur to an inmate's custody status. VINE enables users to voluntarily register one or more e-mail addresses and/or telephone numbers in order to be notified when an inmate is released, is pending scheduled release, or is transferred to a facility in another county or state prison.

The public can register by calling 1-877-411-5588, or by visiting [www.vinelink.com](http://www.vinelink.com). The most effective way to register in VINE is using the inmate's booking number. That's available from the Sheriff's web site "Who's in Jail Page". The Sheriff has added a link that passes the selected inmate's booking number directly to the VINE registration page. The web site is at [www.sdsheriff.net/victims](http://www.sdsheriff.net/victims). This new VINE service in San Diego pertains only to inmates in Sheriff's custody. Currently inmates detained in State Prison (e.g. Donovan), by CCA for Immigration and at MCC for Federal inmates are not covered by VINE. Therefore victims must contact those facilities directly to check on inmate status. The State hopes to adopt VINE at some point in the future for their State Prisons.

**INFORMATION:**  
Were you the victim of a crime and the court ordered you restitution?  
The California Department of Corrections and Rehabilitation may have collected money for you. Contact the Office of Victim and Survivor Rights and Services to inquire if you have unclaimed money from a direct order of restitution. To update your address or to obtain additional information, call us toll free at 1-877-256-6877

# Fundraisers for San Diego POMC Chapter

**(Ongoing)**

Ralphs and Food4Less

Help support your San Diego Chapter of POMC. Just register your Ralphs card online with our identification **number 94120**, and then a percentage of your purchases will go towards our Chapter!!! If you shop at Food4Less, we have a separate card you scan when you make your purchases, let us know and we can mail it to you. This is a no cost way you can help!!!!

**(Ongoing)**

Amazon

When you #StartWithaSmile, Amazon donates 0.5% of the purchase price to Parents of Murdered Children San Diego Chapter POMC. Bookmark the link <https://smile.amazon.com/ch/90-0428935> and support us every time you shop. Thank you!!